

# Theology for Coaches

Adapted from Christ Church Theology

## The Deity and the Humanity of Jesus Christ Lesson Two

### Before Christ became flesh

Before incarnation Christ existed as the second person of the Trinity, "The Word."

As the Word He exercised His deity and created an existence.

Then the Word entered His creation as the only one born of God.

His deity expressed itself in grace and truth.

**Deity – noun meaning Supreme Being, state of being divine.**

**Read Genesis 1:1**

**Read John 1:1-3 and John 1:14**

### Christ was born

The Bible proclaimed Christ's birth for 700 years before He became flesh.

The Word became flesh. He emptied himself of radiant glory and became a man.

The Bible teaches that the fullness of God was within Jesus. He was fully God and fully man. He was not God-like. He was not a man that understood more than most. He was flesh with FULL DIVINE NATURE.

**Read Colossians 1:18 – 19**

**Read Philippians 2:5-11**

### Son of God

**Luke 1:35** – The Spirit came upon Mary and the power of the Highest overshadowed her. She will give birth to the Holy One called, Son of God.

**John 1:18** - God the Father and the Son of God are very close, in an infinitely intimate relationship.

<b>Exegete – verb meaning to lead out the meaning.</b>	
<b>Christ Exegetes God</b>	<p>Because no man is able to consult with the Lord or to direct the Spirit of the Lord toward man, no man, only deity can exegete the divine to man.</p> <p>The best understanding humanity will ever achieve of God will come through the God-Man, Jesus Christ.</p>
<p><b>Read Isaiah 40:13</b></p> <p><b>Read Revelation 22:13</b></p>	
<b>The Humanity of Christ</b>	<p>The Old Testament foretold the human suffering Christ would experience as the righteous servant of the Lord</p> <p>Isaiah said Christ would be a healthy life in an unhealthy environment, His appearance would not betray the majesty of His character.</p> <p>When Christ submitted to arrest and trial He was as gentle as a lamb. Pilate expressed his amazement that Christ stood silently when so many false charges were spoken against Him by His angry accusers.</p> <p>Pilate executed Christ as a common criminal but God executed Christ for the sin of humanity.</p> <p>When Christ died on the cross, God crushed Him because he was the guilt offering for the sins of humanity. Those who trust in this work of Christ are His offspring and we prolong the life of Christ in the world. God's good pleasure guarantees the success of Christ's work in the world. The suffering of Christ satisfied the righteous demands of God against sin.</p>
<b>Read Isaiah 53:1-12</b>	
<p><b>Justice and Grace</b></p> <p><b>Sin demanded payment.</b>  <b>God delayed payment to give humanity a chance.</b>  <b>In His grace he provided payment through Christ Jesus.</b></p>	

# **Theology for Coaches**

## **Lesson Two**

### Conversation Starters

**1. Who was Christ before He was born into the world?**

**2. Was Christ still fully God or totally a man?**

**3. Why did Christ have to be a human?**

**4. What is the work of Jesus Christ?**

## **5. How can you bring this new understanding into your day-to-day relationship with God?**

- Helps me look at life the way God sees it.
- I will pray about this and ask for understanding.
- I will read scripture to gain a better understanding.