



This Week's Inspiration

August 3, 2011

“Soul Enriching Encouragement”

On Sunday we investigated Paul’s instruction to encourage and admonish one other. I pointed out that often we struggle to accept the encouragement we receive. After our three Sunday services, people commented to me, in sad tones, about having few encouraging people in their lives. If you feel under-encouraged, I offer three suggestions:

- **Become a self-encourager** – In your mind, give yourself encouragement. If you find this difficult, remember encouraging things you have heard people say to others, and say them to yourself.
- **Create an encouraging environment** – What might happen if you suggest to your family, friends and several co-workers the value of a new habit where everyone decides to say something encouraging to one another at least twice a day?
- **Ask God in your daily prayer to bring an encourager into your life** – God wants you to be encouraged and He is certain to hear and answer the prayers that express His holy desire.

Encouragement builds quality into the human soul. Let's give and receive soul enriching encouragement. God Bless,

God Bless You,
Doc

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Weekly Inspiration

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