



This Week's Inspiration December 7, 2011

“A Christ-like life in an Annoying World”

Who annoyed you this week? What circumstances caused you to be agitated? By this time of the week, it's probably safe to say that most of us felt annoyed or agitated in one way or another.

So the question is not, “how do we avoid agitation?” But rather, “what life skills are we developing to deal with agitation in a healthy way?” I suggest three causes of agitation that—if properly understood and addressed—will empower you to live well in an annoying world.

- **Anger** – People and situations do not make us angry. Rather, they expose to us our anger issues. Overcoming my personal anger issues empowers me to live well despite life's agitations.
- **Insecurity** – Life annoyances reveal to us our insecurities. When we heal our insecurities, we strengthen ourselves against life's agitations.
- **Love** – Love delivers strength of soul that releases resentment, forgives mistakes and builds the bonds of friendship. The more we love in unselfish ways, the better we deal with life's annoyances.

Scripture teaches us that “love covers a multitude of sins.” I might paraphrase this idea as, “love empowers us to deal well with a multitude of agitations.”

God bless you in your pursuit of a Christ-like life in an annoying world.

God Bless,

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