

January 4, 2012

“How Good Is Your Love?”

The beginning of a new year permits us – if we are willing – to examine ourselves for the purpose of improving the quality of who we are and what we do.

I encourage you today to ask yourself: *How good is your love?* To do this, you must be willing to resist the impulse to evaluate how much other people love you and focus hard upon how much you love others. I invite you to explore the quality of your love with three questions:

- **Is my heart still engaged?** If you have allowed your disappointments to disengage your heart, your love is reduced to a series of habits and duties.
- **Do I know the love language of the people I intend to love?** Love language is a way of talking about what feels like love and it directs us in how to express our love to others.
- **Am I inviting Christ to enrich my soul so that I can love others unselfishly?** Without divine help, our love drifts continually toward selfishness.

Remember, Christ taught us an awesome idea we call the *Golden Rule*. Christ said we should treat other people the way we desire to be treated. I encourage you to begin fresh this first week of 2012 to love the people around you in a divinely enriched way. And may you have a Happy New Year.

God Bless,

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